More Create Blog Sign In

Spike Detox and Optimal Health

Home

Graphene Oxide Detox

Healing and Health Products

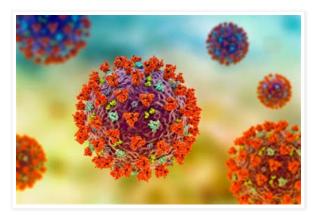
The Truth About Vaccine Passports

Random Covid and Vaccine Information Links

Documentaries ~ Podcasts and Videos

Sunday, June 27, 2021

Possible Ways to Neutralize Covid Vaccine Spike Protein Damage



IMPORTANT: The content posted on this website is for informational or educational purposes only and does not substitute professional medical advice or consultations with healthcare professionals.

This information is also NOT intended to mislead so I implore EVERYONE to please do their own research! This page is intended as a starting point for that purpose only.

My baby brother Daryl passed on May 13/21 from internal bleeding laying on his floor at home, he had the Moderna vaccine. Is this related? In my opinion YES but I can't prove it, the coroner refused to do an autopsy.

I created this website in his memory....



Search This Blog

Search

• Home

Report Abuse

Blog Archive

June 2021 (1)

NEWS ARTICLES ~ I Have a TON of Random Covid and Vaccine Information Links On This Website and Have Them at This Page. Share With Family and Friends Who Need Education and Information On What Is Going On Worldwide. Please Bookmark and Check Back Often Because I Will Updating Regularly With New Stuff:

https://spikedetox.blogspot.com/p/september-2021-covid-vaccine-death.html

I have been putting together some possible Spike Protein removal information for people who have had the Covid Vaccine and for people susceptible to the Spike Protein shedding (which is everyone). Many highly credentialed health professionals have claimed the body may be able to rid itself of the Spike Proteins or at least alleviate the deadly damage they cause by using certain products/remedies and protocols which I have here on my website. Please bookmark my site as I will update as I find new information. I also have a Graphene Oxide detox page on this website.

Here's an awesome website where people share their vaccine injury testimonials. You can go there and share your own if you have one. Check it out!

https://1000covidstories.com/



I just put this information website together to share with your employers, schools, local businesses, health care institutions, etc.

It is pertinent information that they need to know before implementing vaccine mandates which will destroy many people and their families. It's already happening. Please share, there's a TON of great information here:

Please share.....

https://savingpeoplenow.blogspot.com/2021/09/a-right-toknow.html



Please bookmark my website, when I find out new Detox information I will be adding it here and feel free to SHARE with

others!



This is AMAZING Info!

I was listening to a podcast at the SGT Report and it was very fascinating (video link below). They talked about how "Zeolite" could possibly rid the body of the dangerous Spike Proteins found in the Covid vaccines.

Negatively-charged Zeolite works like a magnet, trapping positively-charged toxins such as lead, mercury, arsenic, cadmium and many more, and carries them out of the body within hours and since the Spike Proteins are positively charged it's believed they could could be removed as well. I posted the podcast below and also a link to where you can purchase this amazing product as well.

The "Pure Body" Zeolite Clinoptilolite helps remove heavy metals and positively-charged toxins and Volatile Organic Compounds including:

- Aluminum
- Lead
- Mercury
- Cadmium
- Arsenic
- Radioactive Metals
- Nitrosamines
- Bisphenol-A
- Toulene
- Benzene
- Pesticides
- Herbicides

Watch this video - The presenter, Anna, shows a video from a pro-vaccine researcher, who discusses peer reviewed studies that explain where the Spike Proteins from the vaccine accumulate in the human body. Anna then explains that because Spike Proteins are positively charged, and toxins, negatively charged Zeolite, which scavenges for positively charged toxins (a peer reviewed process), could help combat the spike proteins from both the vaccine and possible shedding ~ this is incredible!

Podcast: https://www.bitchute.com/video/nbLrI7FruSzQ/

ORDER the "Pure Body Extra" Zeolite Clinoptilolite Here: https://bodywise.thegoodinside.com/?s=Zeolite+Clinoptilolite+



I found an online pharmacy (Reliable RX) where you can order Ivermectin and many more products, just use the search bar at the top of the page to search for what you want. Please note that Ivermectin goes under other names as well but it will say if the active ingredient is Ivermectin.

They ship to many places except Australia. To find out if they ship to your country, register with the website and when you fill in your address you will see from the drop down menu if your country is included.

This pharmacy is one that is supported by Dr. Ardis

Link: www.BodywisePharmacy.com



"The Truth About Vaccines"

With the current irrational push to vaccinate the planet against COVID-19, a virus that has a 99.9% recovery rate, we feel it is important to discuss practical ways to "detox" and "neutralize" damage that is being done by these untested mRNA vaccines.

Interestingly, here in our home state of Tennessee, the COVID "mortality rate" has tripled, even though we lead the USA in vaccination rate. Makes you wonder, doesn't it? Logical thinkers would deduce that the vaccine is responsible, sort of like when we see obesity rise in populations that eat lots of ice cream. But the irrational and illogical 'mainstream media' and

'medical mafia' will undoubtedly blame "anti-vaxxers" for the increase in deaths, which makes as much sense as blaming vegans for the increase in heart disease in people who eat hot dogs every day...

But let's not get distracted by the facts or by logic!!

Despite the \$4.5 billion in damages awarded by the Vaccine Court since 1986 ...

Even though the Supreme Court described vaccines as "unavoidably unsafe" in 2011 ...

Despite package inserts which prove that most vaccines contain known carcinogens and chemicals that cause neurological damage.

Those who dare to question vaccines are EVIL.

They are DANGEROUS!

They must be BLAMED for the deaths of those who are vaccinated.

They must be CENSORED at all costs! (OK, OK, enough sarcasm)

In all seriousness, this information might save someone's life, so we wanted to share with you. It was provided by a physician who wishes to remain anonymous. The goal of this research is to help the body recover from damage and detoxify, stabilize, and cleanse the toxic ingredients from the body including hydrogels, luciferase, and nanobots as well as silence the messenger RNA (mRNA) contained in the COVID vaccine.

What is mRNA?

Messenger RNA (mRNA) mediates the transfer of genetic information from the cell nucleus to ribosomes in the cytoplasm, where it serves as a template for protein synthesis.

HUH?

I know, this sounds like a bunch of scientific 'gobbly-gook' so let me translate for you.

We are made of cells. Each cell contains millions of proteins. The instructions for making proteins are "written" in a cell's DNA in the form of genes, which build proteins via transcription ("rewriting" the DNA sequence in the form of mRNA) and translation ("decoding" the mRNA and building the protein).

So, if the COVID vaccine uses mRNA to change your genetic code, then the key to preventing damage would logically be to interfere with the translation of the message, right?

Voila!

The RNA Interference system (RNAi) is a mechanism by which cells control gene expression by shutting off translation of mRNA. RNAi can also be used to shut down translation of viral proteins when a cell is infected by a virus. The RNAi system also has the potential to be exploited therapeutically1 and can prevent the viral RNA from replicating.

Below are the TOP FIVE recommended substances to mitigate damage from mRNA vaccines (in no particular order) I have added Amazon purchase links below if you wish to order the following products online or you can go to your local health food store.

1 | IODINE

An essential mineral, iodine is used by the thyroid gland to make thyroid hormones that control many functions in the body including growth and development, repairing damaged cells and supporting a healthy metabolism. Because your body does not produce iodine, it needs to be supplied in the diet. Iodine can also be used to detoxify toxic compounds and strongly increases the mRNA decay rate.2,3 Dietary iodine also controls its own absorption through regulation of the sodium/iodide (NIS) symporter,4,5 which protects the functions of the thyroid gland.

2 | ZINC

Zinc enables the body to make proteins and DNA, contributes to wound healing, and plays a role in childhood growth and development. It also has antioxidant properties and plays an important role in cell-mediated immune function and modulates mRNA levels of cytokines.7 Zinc has been shown to regulate gene transcription in cancer cells, plus zinc globally down-regulates microRNA expression and key enzymes and proteins necessary for microRNA maturation and stability.8 Lastly, zinc-finger protein serrate is among the plant compounds that may silence mRNA.

3 | QUERCETIN

Quercetin, a flavonoid with multiple proven health benefits to both man and animals, displays a plethora of biological activities. Quercetin-treated neutrophils exhibited a remarkable suppression in mRNA expression of various proinflammatory genes.10 One of the lesser-known and recently discovered roles of quercetin, is modulation of microRNA (miRNA) expression, which plays a vital role in health and disease.

4 | SUPERCHARGED C60

(Nano-Carbon Activated Charcoal)

Carbon 60 (C60) is a naturally occurring molecule comprised of 60 carbon atoms forming something that looks like a hollow soccer ball. The scientific name for C60 is

"Buckminsterfullerene" and it is the only molecule of a single element to form a spherical cage, and it may be the most powerful antioxidant yet known, performing the antioxidant action of Superoxide Dismutase, Glutathione, Catalase, and COQ10. Over the past 13 years, the "Supercharged" C60 fullerene molecule has been examined, tested and characterized by no less than 15 universities and 5 federally certified research laboratories, resulting in more than "600 evaluations." There has also been considerable positive research conducted regarding Supercharged C60 potential uses in electromagnetic field (EMF) absorption. The Supercharged C60 molecule is a nanocarbon material that exhibits incredibly potent antioxidant properties that may augment the body's ability to manage oxidative stress in both healthy and diseased states. Studies indicate that carbon nanocarriers can deliver small interfering RNA (siRNA) and enable a myriad of plant biotechnology mRNA applications,12

internalize into cells and subsequent gene silencing efficiency,13 and are critical for efficient gene knockdown.

5 | PQQ (Pyrroloquinoline Quinine)

Pyrroloquinoline quinone (PQQ) is a powerful antioxidant and cellular energy booster that works to support the health of your energy-producing mitochondria, protecting them from oxidative damage, even helping you grow new mitochondria.15 PQQ is actually the only nutrient on earth known to be capable of generating new mitochondria. PQQ is contained in fruits and vegetables and in human breast milk and is a plant growth factor and bacterial cofactor. Studies have shown that PQQ disodium salt (BioPQQ™) has positive effects on cognitive function and may have a protective effect on UVA irradiation-induced aging.

CONCLUSION

As pressure to be vaccinated for COVID mounts, it will be vital to discover methods to mitigate damage, especially for those who are required to be vaccinated due to employer requirements or other reasons. In summary, the five substances discussed above are as follows, along with links to recommended sources:

Iodine - https://amzn.to/3nuUd5Z Zinc - https://amzn.to/32UZ9aN Quercetin - https://amzn.to/3t1teQB Supercharged C60 - https://globalhealing.com/supercharged-c60





NAC (N-acetyl cysteine)

Fast forward to the 42 minute mark and listen to Dr. Angelina Farella describe how NAC helps to combat Spike Proteins: https://americasfrontlinedoctors.org/videos/dr-angelina-farella-interview-july-15th-2021/? fbclid=IwAR02RZXcWYe2QYxyAbePi_x3Q-FP9B9vZPj_tdZXPRKZMZdEKJFvL_AHcvM

You can purchase N-ACETYL CYSTEINE (NAC) online HERE Just type the product into the search bar at the top of the page. iHerb is a great online store to get vitamins/supplements/herbs and they ship to Canada. It's sometimes hard to find online, I found plenty at my local health food store.

Here is another great site to order supplements online: https://www.nationalnutrition.ca/? mw_reward=effdec23cd811097d3f6dc28ab4483b0



Black Oxygen products are based on fulvic acid. We found the highest, purest and most bio-available form of organic, nonfossilized Humic/Fulvic Acid known to man in Canada. A relatively unknown substance affectionately called, the 'miracle molecule'. Science hasn't been able to replicate it, which may be why you haven't heard of it yet.

The Black Oxygen Organics products have been formulated to help reduce the effects of inflammation and oxidative stress. In addition to the anti-inflammatory and antioxidant benefits, our effective products also help:

- * Most Powerful Electrolyte in Existence
- * Delivers Usable Oxygen into the Cell
- * 70+ Trace Minerals
- * Reduces Oxidative Stress
- * Improves Immune Function
- * Supports Healthy Circulation
- * Boosts Metabolism
- * Improves Brain Function, Memory, Mood
- * Improves Heart Health
- * Increases Nutrient Absorption
- * Removes Toxins, Heavy Metals, Pesticides
- * Cell Regenerating
- * Enhances, Repopulates Gut Flora
- * Helps Balance Hormones

Black Oxygen Products and Pricing:

https://www.blackoxygenorganics.com



Natto extract degrades key region of SARS-CoV-2 spike protein

Natto is a traditional Japanese dish made by fermenting soybeans with Bacillus subtilis, a bacterium typically found in soil and vegetation. Mike Adams from NaturalNews.com wrote about Natto and it's possible ability to deal with Spike proteins: https://www.naturalnews.com/2021-07-27-fermented-japanese-dish-inhibits-covid-infection.html

Just found 2 great (Natto) "blood clot" prevention products and mentioned them at my Alternative Health blog, check it out: https://alternativehealingandhealth.com/2021/09/11/blood-clots-are-a-deadly-problem/

Purchase at iHerb ~ They have great selections: https://prf.hn/l/rpOpv05

Amazon also has Natto: https://amzn.to/3IZZ8NA

Here is another great site to order supplements online: https://www.nationalnutrition.ca/? mw_reward=effdec23cd811097d3f6dc28ab4483b0



Citrus Fruit (especially blood oranges, due to their high Hesperidin content — hesperidin is a chalcone like Quercetin that deactivates spike protein)

Fennel and/or Star Anise Tea: These are also an excellent source of shikimate or shikimic acid (which is known to neutralize the spike protein)

Wheatgrass and Wheatgrass Juice (blades are high in shikimate)

Schizandra Berry (high in shikimate)



Triphala formulations: In Sanskrit, the word Triphala means "three fruits": a combination of Indian gooseberry (Emblica officinalis), black myrobalan (Terminalia chebula) and belleric myrobalan (Terminalia belerica). The terminalia fruits are rich in shikimate.

Purchase at Amazon: https://amzn.to/37K1Uy7

St. John's Wort (shikimate is found throughout the entire plant and in the flowers)

Comfrey Leaf (rich in shikimate)

Feverfew (leaves and flowers are rich in shikimate)

Gingko Biloba Leaf (rich in shikimate)

GiantHyssop or Horsemint - (Agastache urtifolia) (rich in shikimate)

LiquidAmbar (Sweet Gum tree) A tea of the spiky seed pods is rich in shikimate.



I also heard Dr. Sherri Tenpenny say on a podcast that CoQ10 (Coenzyme Q10) is an important supplement to take if vaccinated. CoQ10 is a popular supplement used to boost energy levels, protect the heart, and reduce the side effects of statins. It is important for proper mitochondrial function, heart health, muscle function, and more.

- * Increases energy levels
- * Boosts mitochondrial function
- * Protects against free radicals and inflammation
- * Improves heart health
- * Reduces blood sugar levels and blood pressure
- * Helps with migraines
- * Improves fertility
- * Reduces the side effects of statins and chemo:

Purchase: https://amzn.to/3eGi4vg

Also, water only fasting (for 1 week) has been shown to repair DNA damage and silence foreign mRNA. And taking full spectrum hemp extract is another excellent suggestion due to the positive effects on our endocannabinoid system, which regulate almost every internal function. We take this organic hemp extract every day! Very high quality and the most powerful non-THC CBD products around can be found at the following website. They are non-GMO, organic and pesticide free: https://bodywise.thegoodinside.com/shop/product/cal m-hemp-oil-750mg-full-spectrum-cbd

If you prefer CBD that contains THC you can find it here at various strengths CTFO):

https://alternativehealingandhealth.com/cbd-and-hemp-oil-products/

"The Good Inside" also has several other very HIGH Quality health products as well ~ check it out:

https://bodywise.thegoodinside.com/shop/

13 Benefits of Spirulina

- 1. BOOSTS PROTEIN
- 2. DETOXES HEAVY METALS
- 3. FIGHTS ALLERGIES
- 4. LOWERS CHOLESTEROL
- 5. LOWERS BLOOD SUGAR
- 6. ACTIVATES ENZYMES
- 7. BALANCES BLOOD PRESSURE
- 8. LOW-FAT CONTENT
- 9. ANTIOXIDANT RICH
- 10. BOOSTS IMMUNE SYSTEM
- 11. PROMOTES GOOD GUT HEALTH
- 12. HIGH MINERAL CONTENT
- 13. INCREASES B-VITAMINS



Did you know that Spirulina is the most effective chelator? Spirulina draws out heavy metals, radiation and toxins from your brain, central nervous system, and liver. There are countless scientific studies confirming the healthy properties of this super-food! Not only does Spirulina provide large amounts of vitamins, minerals, proteins & amino acids, it also contains extremely strong antioxidants! In fact, Spirulina is one of only a few substances in the world proven to be able to remove heavy metal toxins from the human body!

Purchase at Amazon

Purchase at iHerb (type in Spirulina in the search bar at the top of the page)

Here is another great site to order supplements online: https://www.nationalnutrition.ca/? mw_reward=effdec23cd811097d3f6dc28ab4483b



Dr. Brian Ardis

Doc Ardis (podcast link below) \sim "HOPE" For the Vaxxed and the UN-Vaxxed

Dr. Ardis explains what is in the vaccines and what they do to your body. Listen to the entire podcast but the 19 minute mark he explains that all diseases start with a process called "Oxidative Stress and gives a list of supplements that help the immune system stop that process which the spike proteins from the vaccinations will create.

Products to protect against Covid Vaccine Spike Proteins:

- * 700 mg Apple Pectin twice per day
- * 10,000 mg Vitamin C (start at 5,000 per day)
- * 500 mg Magnesium per day
- * 250 mcg (micrograms) Selenium
- * 5,000 mg Vitamin D per day
- * 50 mg Zinc

Great interview with Dr. Ardis explaining the detox products: https://verumetinventa.wordpress.com/2021/09/04/dr-bryan-ardis-updated-protocol-for-vaxxed-unvaxxed-people/

Dr. Zev Zelenko's Protocol



Dr. Vladimir (Zev) Zelenko is a Board Certified Family Physician. He was the first in America (March 2020) to innovate a successful treatment for covid-19. A Nobel Prize nominee, Dr. Zelenko was censored and de-platformed across big tech for sharing his life-saving formula and for affirming that Covid-19 is a "bioweapon for mass Genocide".

"The Covid-19 poison death shots create killer antibodies and killer antibodies are time bombs that get triggered by exposure to matching viral infections" says Dr. Zelenko. "NANA-ME may stop that from happening. N-Acetyl Neuraminic Acid Methyl Ester (NANA-ME)". He further says that "NANE-ME may prevent Antibody-Dependent Enhancement (ADE) and potentially billions of deaths".

Dr. Zelenko explains here what you can do if you've taken the Covid shot:

http://libertycounsel.blubrry.com/2021/08/26/what-to-doif-youve-gotten-the-covid-shot-dr-vladimir-zelenko/

This is a good reference link:

https://covid19.onedaymd.com/2021/03/quercetin-and-zinc-zelenko-treatment.html

October/2021 ~ Great Interview With Dr. Zev Zelenko by Sean at SGT Report. He talks about the SCAMdemic/vaccines as well as his Zelenko Protocol, ECGC Tea and Budesonide

https://www.bitchute.com/video/2sLKqgQP5OAO/

Dr. Axe Article on ECGC: https://draxe.com/nutrition/egcg/

ECGC Supplements ~ Be cautious when using EGCG supplements, starting with a low dose under 400 mg/day and monitoring your reaction: https://amzn.to/3G8i04p

Green Tea: https://amzn.to/3joAAvw

Green Tea Extract: https://amzn.to/2Zcakx1
Matcha Green Tea: https://amzn.to/3plb6D6
White Tea: https://amzn.to/3GaKYRe
Oolong Tea: https://amzn.to/2ZimXHt
Budesonide (steroid) order online here:

www.BodywisePharmacy.com Search for "Budecort Inhaler" in the search bar at the top of the page. You can also order Ivermectin here.

Dr. Zelenko's Protocol contains Ivermectin (hard to get), Hydroxychloroquine (HCQ), Zinc, Vitamin D3, and Quercetin. Zinc together with HCQ as a delivery system while Vitamin C with Quercetin works as a delivery system.

FYI ~ From what I am hearing from various health professionals is if you did get the Covid vaccine the biggest thing you want to do is NOT get sick because this sets off a spike protein cytokine storm that is extremely damaging and deadly to your body. Keep your immune system strong! https://pubmed.ncbi.nlm.nih.gov/32544563/

You can order his Z-Pak from his website (they are 2 weeks behind in orders as of today) or order the 4 ingredients (below image) of the Z-Pack separately online which is what I did. If you can't get HCQ then Quercetin is the next best supplement in lieu of that does the same job as HCQ.





HCQ is prescription based only. Dr. Zelenko recommends Quercetin as an over-the-counter alternative. It is a plant derivative that does essentially the same thing as HCQ and is readily available. Quercetin, like HCQ, is a zinc ionophore which allows a rapid increase in intracellular zinc levels. It also enhances vitamin transportation to the cells. Vitamin C is a required cofactor for Quercetin to work. Vitamin D helps our immune systems stay balanced.

This chart simplifies & summarizes Zelenko's COVID19 protocols with the Quercetin alternative.

Prophylaxis (> 45 yrs old)	Treatment - high risk (> 45 yrs old)
Vitamin D3 5000IU 125mg, daily	Vitamin D3 10000IU 250mg, 7 days
Vitamin C 1000mg, daily	Vitamin C 1000mg, 7 days
Zinc 25-50mg, daily	Zinc 50-100mg, 7 days
HCQ 200mg, 5 days, then 200-400mg weekly or Quercetin 500mg, daily	HCQ 200mg, 2x daily 5-7 days or Quercetin 500mg, 3x daily for 7 days
,	Azithromycin 500mg, 5 days

Quercetin ~ Zinc ~ Vitamin C ~ Vitamin D3



I order supplements from iHerb they ship worldwide. Just use the search option at the top of the page to find the products you are looking for, they have a great selection.

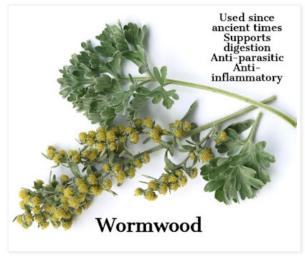
Here is another great site to order supplements online: https://www.nationalnutrition.ca/?

mw_reward=effdec23cd811097d3f6dc28ab4483b0



Immune Defend has been recommended by a doctor who specializes in infectious diseases to help fight off the Covid virus. It is an 8 in 1 Immune System Booster Support Supplement w/ Vitamin D3 5000 IU, Vit C 1000mg, Zinc 50mg, Elderberry, Quercetin, Turmeric, Curcumin, Ginger, Echinacea...

It can be found at Amazon: https://amzn.to/39FGJyk



Recent studies about Ivermectin how that this antiparasitic medicine is good for prophylaxis and treatment of COVID-19. Wormwood (Artemisia absinthium) is one of the most effective antiparasitic herbs in the world, and one of the best natural alternatives to Ivermectin. The active ingredients in wormwood are toxic to most types of intestinal worms, including Giardia lamblia, a parasite responsible for giardiasis. Moreover, wormwood is a strong bitter tonic, which promotes bowel movements and thus the elimination of intestinal parasites.

Purchase at Amazon or your local health food store: https://amzn.to/3aWQs3J

Resources: mynaturaltreatment.com and draxe.com

<u>Teas</u>



I'm hearing that "Rockrose Tea ~ Cistus Incanus" can bind to the Spike Proteins in the vaccines and remove them from the body. I am looking for more information on this. In the meantime the tea won't hurt you – you can purchase at Amazon.

https://amzn.to/2TibeoK

For more information about the Covid Vaccines click here (my website): Vaccine and Covid Info Links

Source for article: https://thetruthaboutvaccines.com Check out their cancer information, VERY powerful!!!



From Mike Adams at www.NaturalNews.com

I have bombshell information for you today about pine needle tea and its chemical constituents, and how one of them (shikimic acid) is actually used to manufacture Tamiflu, the anti-influenza drug. Through a series of science papers I show you today, you'll see how pine needle tea can halt blood clots and protect the body from respiratory infections and harmful blood platelet aggregation. That article states:

There is a potential antidote to the current spike protein contagion which is called Suramin. It's found in many forests around the world, in Pine needles. Suramin has inhibitory effects against components of the coagulation cascade and against the inappropriate replication and modification of RNA and DNA. Excessive coagulation causes blood clots, mini-clots, strokes, and unusually heavy menstrual cycles.

Pine needle tea is one of the most potent anti-oxidants there is and it's known to treat cancer, inflammation, stress and depression, pain and respiratory infections. Pine tea also kills parasites. Mike also shows you how to make your own Pine Needle tea using an expresso machine, it's all in the following article:

https://www.naturalnews.com/2021-05-09-is-pine-needle-tea-the-answer-to-covid-vaccine-shedding-suramin-shikimic-acid.html

I found some Pine Needle Oil products at eBay, look for the Food Grade ones for consumption. Of course the essential diffuser oils would be very nice too, the smell would be great I would think:

https://ebay.us/3CSc2L

Here are some various Pine Needle products at Amazon, look for Food Grade for consumption: amzn.to/3wn8vcC



PINE- Pinus – Suramin, Shikimic Acid, and how to make your own pine needle herbal tea! https://bit.ly/3cLSgOd



Here is a great article I found at "The Freedom Articles" on Pine Needle/Suramin, she has lots of great info ~ check it out here: Is This a Possible COVID Vaccine Antidote?

Sources for Pine Needles

There is one primary American supplier (Etsy) for the pine needles (besides harvesting your own) that I am aware of at this point with 3 quality listings, each from a different East Coast Wildcrafter:

https://www.etsy.com/listing/966522916/eastern-white-pine-needles-1-lb

https://www.etsy.com/listing/728484784/blue-ridge-mountains-pine-needles

https://www.etsy.com/listing/681617302/north-easternappalachian-white-pine-tea

Here is the main reference link for new wildcrafters when they post their harvests:

https://www.etsy.com/listing/235866986/pine-needlesfresh-cut-or-dried

I purchased Pine Needle Tea Bags and just received them in the mail - FAST shipping! Here is their Etsy Page: Etsy.com/shop/WildCaughtWeeds

Various Pine Needle Tea Products at eBay: https://ebay.us/A30qCM

This product contains Suramin, I emailed the company and asked. They could not tell me how much but did say the amount is more than a cup of Pine Needle Tea:

https://www.narayanbeauty.com/products/pinon-pine-gold-hydrosoul-2-oz-22-00?_pos=1&_sid=d27ecb1f0&_ss=r



Dandelion Extract

Dandelion Leaf Extract (Taraxacum Officinale) Blocks Spike Pretieins From Binding to the ACE2 Cell Surface Receptors. The engineered spike proteins from SARS-

CoV-2 can be STOPPED by a common "weed" that is

exterminated from lawns every year. A German university study found that the common dandelion (Taraxacum officinale) can block spike proteins from binding to the ACE2 cell surface receptors in human lung and kidney cells. The water-based dandelion extract, taken from the plant's dried leaves, was effective against spike protein D614 and a host of mutant strains, including D614G, N501Y, K417N and E484K. Dandelion extract is one of many herbs that will assist in a healthy immune response. Better yet, dandelion extract could prove to prevent infections altogether, by blocking the precise channel by which the spike proteins attach and cause viral replication. Read the entire article here:

https://www.naturalnews.com/2021-06-28-dandelion-leaf-extract-blocks-spike-proteins-binding-to-ace2-receptor.html

Here's another article: https://www.news-medical.net/news/20210323/Dandelion-extract-inhibits-SARS-CoV-2-in-vitro.aspx

Where to Purchase:

Amazon.ca https://amzn.to/3AijTZJ
Amazon.com https://amzn.to/3A6kmOh

Here is another great site to order supplements online: https://www.nationalnutrition.ca/? mw_reward=effdec23cd811097d3f6dc28ab4483b0

Licorice Root (mentioned in the Natural News article above): https://amzn.to/3jkSJew

DID YOU KNOW...

The unique phytochemicals found in elderberries block the virus from entering, or even attaching to, our healthy cells, when taken for prevention during flu season

Even if the flu has already taken hold, the compound prevents the virus from replicating, eliminating symptoms within 48 hours.



Amazon has a great selection of Elderberry Products: https://amzn.to/38ZOuyw

Dr. Carrie Madej Recommends This Brand of Supplements Found on Amazon

https://amzn.to/3tzFNEA



There have been more than 1,000 published studies conducted by scientists from around the world, on the benefits of molecular hydrogen, while Japan has been at the forefront of advocating hydrogen-rich water since 2007. Scientists found that molecular hydrogen acts as a powerful antioxidant increases energy levels, and reduces inflammation.

Health Benefits: https://www.naturalfoodseries.com/13-benefits-hydrogen-water/

Sold Here: ionBottles Use discount code GAILHENDRICKS for

Nature Reigns specializes in 100% plant-based nanoceuticals and high efficacy herbal blends. Their philosophy is to create balance in the body by supporting healthy immune, endocrine, and lymphatic systems. Link: Nature Reigns



Dr. Judy Mikovitz recommends using Ozonated Creams/products to help keep your body healthy. I'm assuming it's because they have an anti-oxidant effect, combating free radicals. I think this can be a great addition to your supplemental regime. I found High Quality, Organic Ozonated products ny "Ozolabs" on Amazon ~ the link is below....

https://amzn.to/3EhyXZo



ASEA Redox signaling molecules is called the 'Water of Life' because it reactivates gene signalling pathways which get shut off by Graphene Oxide Toxicity. ASEA Redox enables your cells to increase the endogenous glutathione production by a whopping 500-800%, thus detoxifying Graphene Oxide Nanoparticles and spike protein, optimally. According to scientific research, ASEA Redox signaling molecules increase the capacity of cells to detox by 4 fold and may increase mitochondria production by 30% after a fortnight. This meta anti-oxidant has the potency of an antidote and because it's native to the body, the benefits of consuming ASEA will increase with continued use.

Purchase at Amazon: https://amzn.to/3nM4xse



Many health professionals and podcasters like Sarah Westall have been touting C60 as being an important product as part of your health regime to help combat the negative effects of the Covid vaccines. C60 contains: Nigella Sativa/Black Seed 440mg and Curcumin 100mg

C60 Complete Black Seed Oil & Curcumin Antioxidant gel capsules contain anti-inflammatory, antimicrobial, and antiviral properties that have been scientifically found helpful in:

Boosting brain functions/Fighting chronic diseases/Anti

inflammatory effects/Supporting mental health/Protecting against oxidative damage and inflammation/Supporting in digestive health/Lowering risk of neurological diseases such as Alzheimer's/Managing exercise-induced inflammation and muscle soreness.

Benefits: https://www.c60complete.com/swestall-benefits Purchase C60: https://www.c60complete.com/swestall-c60complete

You can purchase C60 from Sarah Westall's site or you can purchase the ingredients separately. I purchased mine at Amazon:

Nigella Sativa/Blackseed: https://amzn.to/3k9dMk7 Curcumin: https://amzn.to/3tML4sz



Neem is a Immune & Lymphatic Powerhouse Plant in Ayurveda Neem has been called "the first line of defense" for your immune system for a few reasons. Neem is specifically beneficial for signaling the body to release macrophage and cytokine cells. These are specific immune cells that search, seek, missile and destroy dangerous microorganisms in the body. These are highly trained and targeted immune cells that travel in the blood and lymphatic system. These cells all work directly with your lymphatic and immune system. The healthier the response of the macrophage and cytokine response in the body, the more able you will be to handle anything negative thrown at you, from a strong immune line of defense.

Neem Products: https://amzn.to/3kHIKAb

If You Are Canadian Please Feel Free to Use This Amazon Link For Your Product Searches:

https://amzn.to/2WZ1YI0



How to Make Hydroxychloroguine ∼ Another Recipe to Try

- Use the peelings of 3 grapefruits and 5 lemons (best to be all organic)
- 2. Bring to a boil 2 liters of the cleanest water
- 3. Add in peelings and continue to low boil for 3 hours (put lid on pot to prevent water vaporizing away)
- 4. Remove and let cool
- 5. Pour into a glass mason jar and refrigerate
- 6. Take 2 tbsp daily first thing in the morning on an empty stomach

Benefits...

- 1. Boosts immune system
- 2. Helps clear congestion, breathing, colds, flu, aches, pains, bacteria, viruses and more...
- 3. Adds to overall feeling of wellness

Note...

These peelings contain the natural active ingredient of hydroxychloroquine called quinine.

If you are using alkaline water do NOT boil in a metal pot as the alkaline molecule is very friendly and metal molecules like to adhere to them. So use a glass pot. Otherwise use the best clean water available to you and boil in a stainless steel pot. NEVER use aluminum cookware as it contaminates by leeching aluminum into the product you are making. You can also purchase Quinine supplements here:

https://alternativehealingandhealth.com/alternative-covid-treatments/



Just saw this comment at this website: https://www.vaxxchoice.com/

"IVERMECTIN has also shown to prevent Prion Disease from people who have had the Covid 19 experimental shots".

FYI ~ Prion Disease is Mad Cow Disease which is 100% fatal.



Covid Vaccine Information Can Be Found at My Website:

https://therealtruthnetworkcom.wordpress.com/2021/01/29 /vaccines/

More Info:

https://therealtruthnetworkcom.wordpress.com/2021/07/10/new-information-on-vaccines-and-more/

VAERS (Vaccine Adverse Event Reporting System) Tutorial Please Learn & Share this 13 minute VAERS CDC website tutorial with your family & friends to learn how to find the vaccine Death and Adverse Reactions FACTS that are so IMPORTANT!!

https://www.bitchute.com/video/6ljNXEm1FR5L/
The correct link is this one but watch her to learn how to find
it:

https://www.cdc.gov/vaccinesafety/ensuringsafety/monitoring/vaers/index.html

IMPORTANT: The content posted on this website is for informational or educational purposes only and does not substitute professional medical advice or consultations with healthcare professionals. This information is also NOT intended to mislead so I implore EVERYONE to please do their

own research! This page is intended as a starting point for that purpose only.

at June 27, 2021

46 comments:



Sandy July 30, 2021 at 3:30 PM

What a fabulous list! Thank you so much. Many of these herbal aids I have in my yard (dandelions), my vertical planter, or in my kitchen cupboard. Others are easily obtained such as the citrus fruits. Yet others such as pine needles are easily found around my neighborhood or local parks.

I will copy your list for reference; it's great.

Also, I'd like to note that La Quinta Columna, a Spanish research group, has also created a list of helps. It can be found in English on www dot Orwell dot City. I think a few others have made an English list but Orwell seems most complete.

Reply

Replies



Renee October 6, 2021 at 5:58 PM

Thank you. That site was very helpful. I have a bunch of Tusli, but I didn't know it was good for metals. I was going to use Chlorella, cilantro juice, and activated charcoal.

Reply



Unknown August 5, 2021 at 9:08 AM

Thank you! FLCCC.net have Ivermectin studies, etc. It's made in Canada but my doctor won't prescribe it. If you know a way we can get it here ... like AmericansFrontlinedoctors.org have an online process to be diagnosed and prescribed - does Canada? It seems to us that Powell River Physicians are choosing to stay in the dark on all this. MSMedia is the narrative here. We need a local movement to educate and share data. Thank you for standing up. *** This Sunday Aug8-15 starting at 6:50am PST a very important astrological portal opens - ascend or conform. For 5 days, it's a powerful time to write intentions, focus on positive powerful ways of being you want in your life and the world, and intentionally turn away from anything negative, for 5 days. Give it a go! Now's the time. Sincerely, MND

Reply

Replies



$\textbf{Kim} \ \ \text{September 11, 2021 at 8:00 PM}$

There is a pharmacy in Canada that will still you Ivermectin without a prescription. It is on the list of pharmacies from the FLCCC website.





Reply



COVAIDS19 August 6, 2021 at 12:22 AM

This is the BEST list of healing therapies I have found! I'm trying to help my uncle heal from the death jab that we told him NOT to take, but everything either "tastes bad" (pine needle tea) or wouldn't let him sleep for 3 days (zeolite). Of course, no one can convince him he is "vaccine" damaged, so he has been to the ER three times since his second jab at the end of June 2021. The PA he saw the second time diagnosed him with a kidney infection and gave him an antibiotic and prednisone. Now he has finished the meds and his symptoms are back as strong as before. They took labs and his ferritin level is over 6000!! His A1C is also high. The man is a ball of inflammation! I certainly hope something in this fantastic list will help him. Thank you!

Reply

Replies



Unknown August 14, 2021 at 5:48 AM

might check and research to see if he can take andrographis....



Renee October 6, 2021 at 6:01 PM

I have a friend whose husband is whining about the taste as well. Wussies. I had an OMD herbalist as a PCP for 9 years. These guys don't know "bad tasting" until they've had a Chinese tonic tea.

Reply



Unknown August 13, 2021 at 3:48 PM

Is there a supplement with all or a lot of this list in one pill or capsule?

Reply



Jenny August 20, 2021 at 6:19 AM

VItamin D3 daily is 5,000 IU, not 5,000 mg.

Reply

Replies



jim September 10, 2021 at 1:17 AM

Must take D3 with vitamin K also!!To much D3 from the sun is fine but supplemented D3 will cause calcification and K rectified that.

Reply



\boldsymbol{NY} August 22, 2021 at 2:03 AM

I also read in a study that Bronchipret Thyme and primrose 20 helps against covid vaccine

Reply

Replies



Gaia August 22, 2021 at 8:51 PM

So take before and after vaccine?

Reply

FabulousGarsijanovski September 2, 2021 at 3:30 AM



I am applying for a job in the US from Japan, and I was devastated when both the US and Japan have vaccine passports and mandates (some US states banned it along with masks). The recent Harris-Biden administration's EO mandates the CCPVIRUS vaccine full vaccination before any medical exams, along with Japanese law that mandated the vaccines to departing foreigners.

Since I am a citizen of another country, I don't dare to be open about my criticism of the mandates or else, my home country will arrest me if I don't take the poison.

Right now, me and my wife have decided to get it, but only after we purchase ivermectin, kishimic acid-herb teas and possibly, Pure Body Extra in a last ditch effort to neutralize the spike protein that will come from the poison and be S.P. free after both jabs.

This site is very helpful for a guy like me who may have to do all means to give my wife a better life while finding ways not to be become another dead guinea pig.

Thank you

Reply



Heather Stratz September 6, 2021 at 10:42 PM

Your recommendations for "recommended substances to mitigate damage from mRNA"... are these things to take for a period of time after vaccine or from here on out? I'm a healthcare worker desperately fighting the jab (pulling out all the stops) but I have family to support so I can't loose my job. I'm already following Zelenko protocol. I tested positive for antibodies but have never had symptoms. The NP said most likely because I was taking Vit D.

Reply

Replies



veritasvinciti September 18, 2021 at 4:32 PM

Stick to your guns!!!!! Get a labour lawyer if needed. Los Angeles County firefighters are filing a lawsuit as are many other groups. Your health is your life.

Reply



Unknown September 7, 2021 at 9:18 AM

How can one person possible take everything you talk about.....I just can't take 10,000 vitamin C a day....I throw up...help

Reply

Replies



jim September 10, 2021 at 1:08 AM

Liposomal vit C, harmless to ur gut!! I took 10,000 when I had covid!!

Reply



mrfunpants September 8, 2021 at 4:47 AM

This comment has been removed by the author.

Reply



mrfunpants September 10, 2021 at 3:34 AM

I'm a parent of two young babies at 6 months old. My partner took both pfizer shots and I'm really concerned about spike shedding to my kids. I am taking a range of supplements myself so hopefully this will help stop and transmission to me but I can't just dose my babies up without some research.

I'm giving them Vit D3 for babies and introducing puree berries to diet for quercetin, they are bottle fed so this does contain some zinc. Any ideas on what else would be safe such as pine needle tea? Help would be really appreciated.

Reply



bbtea September 10, 2021 at 6:19 PM

hi. i was forced to take the vaccine so wouldn't lose my job. working abroad in non western country.

i took sinopharm which is non-mRna but i still want it out of me. please advise

Reply



williams joy September 10, 2021 at 6:28 PM

Thanks to the great Dr Ehimare herbalist doctor that has cured many people of HPV DISEASE today i am here to testify on his wonders on my life, for changing my life for the better after all the frustration of getting cured finally i got introduce to DR.Ehimare for which i believe has a cured after reading all his testimonies, after writing to him, he responded quick to me that i will be cured for my HPV DISEASE once i am able to receive his herbal medicine, afterwards he prepared my herbal cure and sent to me and when i did received it and used it, i was surprised that there was changes going on in my body, behold after using the medicine for the days he assured me that i should go and test myself, and getting there i was found HPV negative, and even the doctor was surprise and told me this can only be a miracle. i'm completely cured today and that happened by the great herbal remedy, contact DR.Ehimare Now on his email:drehimare3@gmail.com or his WhatsApp Number::+1 (267) 691-1087

Reply



MissCook September 10, 2021 at 7:14 PM

Does anyone know if NAC is safe to take while breastfeeding?

Reply



TDubs September 20, 2021 at 6:23 AM

Thank you for the list!! How long should I take these supplements for? It has been a week and I was unsure.

Thank you

Reply

Replies



donnar_100 October 7, 2021 at 7:20 PM

I was wondering this, too. Guess no one responded?

Reply



Me September 23, 2021 at 4:36 PM

Do we take ALL of this? Worried so many supplements may interact with one another?

Reply



SwordOfAthena September 27, 2021 at 2:22 PM

Thank you for posting all this info! Very helpful. Another thing that is supposed to protect and detox from this spykey protein is NANO SOMA. Look it up, lots of info about it online and I think it would probably do the trick - also MMS, you can do a search for it. do not do both together, not supposed to be good but you can do one or the other.

Reply



anon September 28, 2021 at 7:41 PM

If you want to see the REAL reason why these "experts" don't want you to take ibuprofin before your jab, look at why you shouldn't take ibuprofin with alcohol. apparently it messes with the enzymes on how lipids(what covid-19 messenger RNA is wrapped in) breaks down. if you ask it directly, they play stupid and say it "blunts it" or say "they don't know how it affects it" but adamant we shouldn't take "pain killers" before taking the jab. they are scared sh*tless of us figuring out we can mess with their science experiment on us.

Reply

Replies



Renee October 6, 2021 at 6:12 PM

I saw that. My husband is being forced to take the jab for work. I figured that the J&J would be the easiest one to negate. We're going with 2 tabs x4 the day before, the day of, and the day after, along with a water fast, and a whole host of supplements and teas. Spared no expense. I can replace money. I can't replace my husband.



Renee October 6, 2021 at 8:03 PM

Also, he's been taking an aspirin a day for the last week to start thinning his blood out.



Alicia October 19, 2021 at 7:03 PM

Hi Renee, how did everything go?



WX Viewer October 27, 2021 at 8:26 PM

Renee, 2 tabs of what 4x a day?

Reply



HongdeeCorporation October 5, 2021 at 10:07 PM

The content of your blog is exactly what I needed, I like your blog, I sincerely hope that your blog a rapid increase in traffic density, which help promote your blog and we hope that your blog is being updated.

video magnifier manufacturers.

Reply



Unknown October 12, 2021 at 5:22 AM

Wow! What an act of tireless altruism to do the jaw-dropping amount of work , following all this research , compiling it , providing links where to obtain the lifesaving nutrients! YOU are one astonishing human being . The Faucis , Gates & the rest of the fecal people , who would unleash such misery for power and control , could not contemplate the values of someone like you .

Reply



Luke Kelly October 19, 2021 at 2:14 AM

This comment has been removed by the author.

Reply



Unknown October 20, 2021 at 4:45 PM

Great work please keep it up you are saving humanity!

Reply



Unknown October 21, 2021 at 6:13 PM

Thank you so much for your fantastic contribution to everyone's wellbeing!!! May God bless you!!!

Reply



Alicia October 22, 2021 at 10:46 AM

How do we prepare for the JJ? How do we detox from it also?

Reply



Samuel October 23, 2021 at 7:34 PM

Please also see an article about covid vaccine detox at https://www.chinasona.org/Thiaoouba/coronavirus-vaccine-detox.html

Reply



Jennifer K Robert October 25, 2021 at 10:20 AM

Natural herbs have cured so many illnesses that drugs and injections can't cure. I've seen the great importance of natural herbs and the wonderful work they have done in people's lives. I read people's testimonies online on how they were cured of Herpes, HPV HIV/AIDS & STDs, Diabetics , Gonorrhea, Hepatitis, Arthritis, Chronic pains. etc. by herbal medicine, so I decided to contact the doctor because I know nature has the power to heal anything. I was diagnosed with Herpes for the past years but Dr Chike cured me with his natural herbs and I referred my aunt and her husband to him immediately because they were both suffering from herpes but to God be the glory, they were cured too .I know it is hard to believe but I am a living testimony. There is no harm trying natural herbs. Contact Dr on Whats-App . +233502715551. text/call via: +1 (719) 629 0982 , or you can also contact through his Facebook Page @ Dr Chike Herbal Remedy.

Reply



Cátia Alves October 27, 2021 at 4:20 AM

Thank you so much for all the info. Can someone help me with a protocol, i see so many suplements and i have been taking some but i do not know what i am doing? If i am doing it right. My doctor does not know about this suplements and he thinks the vac is good. Really need help

Reply



WX Viewer October 27, 2021 at 8:29 PM

Did anyone prep for and receive the J & J shot without incident and is feeling good and no side effects?

If so, what did you do to prep for it including what time frames?

Reply



Facey Nancy November 4, 2021 at 7:07 AM

Hello views, I am so excited to share this wonderful story here .

I was diagnosed with herpes virus and I was told there was no cure except medication that can control it, I totally lost hope, all I could think was losing my life because I was so depressed and confused about the whole situation , few weeks ago I read about Dr Oso online how he cured someone from cancer which was guaranteed, but i never still believe on it but i decided to give a try on him so I ordered the medicine after using it for few days i started experiencing changes all over me so i waited until i finish using the medication, so after everything I went for blood test to confirm if i am really healed from this virus to my greatest surprise it came out negative i jump up and shattered oh my goodness what a wonderful miracle i never believed in . I am so excited to share my testimony. Thank you so much Dr Oso . You are a great man. I must tell everyone I know who has any kind of disease or virus. you can also email him on via

drosohaberhome@gmail.com

Call/WhatsApp +2348162084839

you can check on Dr oso site: https://sites.google.com/view/drosohaberhome/

you can also contact me for more info about Dr Oso faceynancy1@gmail.com

Reply

Replies



Unknown November 12, 2021 at 1:44 PM

a bit of lysine would do that too.

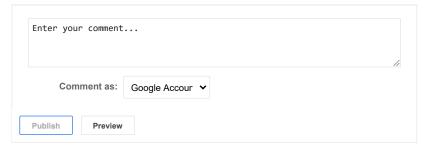
Reply



Racheal Luis November 17, 2021 at 6:24 PM

Good day to you all from the United States, I have been suffering from (HERPES) disease for the last eight years and have had constant pain, especially in my private parts. During the first year,I had faith in God that i would be healed someday.This disease started circulate all over my body and i have been taking treatment from my doctor, few weeks ago i came on search on the internet if i could get any information concerning the prevention of this disease, on my search i saw a testimony of someone who has been healed from (Hepatitis B diabetes) by this Man Dr Ehimare and she also gave the email address of this man and advise me to contact him for any sickness that he would be of help, so i wrote to Dr Ehimare telling him about my (HERPES Virus) he told me not to worry that i was going to be cured!! hmm i never believed it,, well after all the procedures and remedy given to me by this man, few weeks later i started experiencing changes all over me as Dr Ehimare assured me after some time i went to my doctor to confirmed if i have be finally healed, behold, it was TRUE, email Dr Ehimare on : (drehimare3@gmail.com) whatsapp him : +1(267) 691-1087 And He also have herbs medicine to cured the following diseases; eczema,urethra wart,chronic problems.Herpes, Cancer, Als,Hepatitis, Diabetes, HPV,Infections,ulcer ETC

Reply

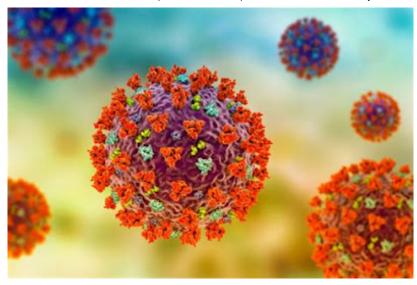


Home

Subscribe to: Post Comments (Atom)

Possible Ways to Neutralize Covid Vaccine Spike Protein Damage

IMPORTANT: The content posted on this website is for informational or educational purposes only and does not substitute professional medica...





Possible Ways to Neutralize Covid Vaccine Spike Protein Damage IMPORTANT: The content posted on this website is for informational or educational purposes only and does not substitute professional medica...

Simple theme. Theme images by ${\color{red} {\bf luoman}}.$ Powered by ${\color{red} {\bf Blogger}}.$